

PRODUCT NAME-UNISTEN-HC CREAM 20GM PATIENT INFORMATION LEAFLET

UNISTEN HC

CLOTRIMAZOLE & HYDROCORTISONE CREAM

Description:

Unisten HC cream is a smooth, white cream, containing 1.0% w/w clotrimazole BP & 1.0% w/w Hydrocortisone BP

Pharmacological properties:

Clotrimazole is a broad spectrum antifungal agent. It also exhibits activity against Trichomonas, staphylococci and Bacteroides. It has no effect on lactobacilli.

Hydrocortisone has a vasoconstrictive effect, thus reducing inflammation and oedema and also has an antipruritic effect.

Pharmacokinetics:

Hydrocortisone is absorbed through the skin, particularly in denuded areas. Hydrocortisone is metabolised in the liver and most body tissues to hydrogenated and degraded forms such as tetrahydrocortisone and trihydrocortisol. These are excreted in the urine, mainly conjugated as glucuronides, together with a very small proportion of unchanged hydrocortisone.

When applied topically clotrimazole penetrates the epidermis but there is little if any systemic absorption.

Uses:

Unisten HC is indicated for the treatment of the following skin infections where co-existing symptoms of inflammation, e.g. itching require rapid relief.

All dermatomycoses due to dermatophytes (e.g. Trichophyton species), moulds and other fungi.

All dermatomycoses due to yeasts (Candida species).

Skin diseases showing secondary infection with these fungi.

The treatment of nappy rash where infection due to Candida albicans is present. Candidal vulvitis, Candidal balanitis and Candidal intertrigo.

Directions for use:

Topical application to skin only. Unisten HC should be thinly and evenly applied to the affected areas twice daily and rubbed gently.

Wash hands thoroughly after use.

Contra-indications:

Hypersensitivity to any of the ingredients.

Precautions:

As with all corticosteroids, long term continuous therapy to extensive areas of skin should be avoided, particularly in infants and children. In infants the nappy may act as an occlusive dressing and increase absorption. Treatment should be for a maximum period of seven days.

Side-effects:

Rarely patients may experience local mild burning or irritation immediately after applying the cream. Very rarely, the patient may find this irritation intolerable and stop treatment. Hypersensitivity reactions may occur.

Local side-effects include: spread and worsening of untreated infection, thinning of the skin, contact dermatitis, acne at the site of application in some patients and mild depigmentation.

Storage:

Unisten HC should be stored below 25°C, in a dry and dark place.

Keep out of the reach of children.

Legal category:

Prescription only medicine (POM)

Package Quantities:

20gm

Ref P07U06/1



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